

Welcome to Furusato Cycling At Shinkansen Iiyama Station

At the Shinetsu Shizenkyo Activity Center, we can introduce you to a wealth of activities, no equipment required! Among them we recommend our cycling tours of the Iiyama area. Enjoy the temple city of Iiyama which has been nurtured by the culture of Northern Shinshu's snow country. Enjoy the interweaving townscapes and natural vistas while cycling in the crisp air of Autumn. You can ride on your own with a cycling map, or join a tour run by one of our local guides.



Shinetsu Shizenkyo Center



Temple Course



Autumn Rice Fields Course

Date	April to late November
Place	Shin'etsu Shizenkyo Activity Center Iiyama Station 1F
Cost	Rental bicycle (half-day) 500yen~ Road bike (half-day) 2000yen~ Guided tour prices depend on # of participants (please contact)
Contact Info	0269-62-7001
Website	http://www.shinetsu-activity.jp/
Access	Car: 3.5 hours from Tokyo (Kan'etsu-do to Joshin'etsu-do, get off at Toyota Iiyama IC exit) Train/bus: located in JR Hokuriku Shinkansen Iiyama Station
Supported Languages	English