

# Autumn-leaf-viewing MTB Tour in Kayanodaira

From the top of Nozawa's Yamabiko area towards Shigakogen, ride through 20km of woods filled with beautiful autumn colors. Enjoy a leisurely mountain biking tour while passing highland farms, camping areas and fields of red, yellow and gold.



Date	October to early November
Place	Compass House (Nozawa Onsen)
Cost	10,000 yen (no more/less than 2 people) Includes guide, rental bike, fare to mountain top and light snacks
Contact Info	0269-67-0224
Website	<a href="http://www.compasshouse.jp/">http://www.compasshouse.jp/</a>
Access	Car: 30 min. from the Joshin'etsu Highway Toyota-Iiyama IC Exit Train, Bus: From Shinkansen Iiyama Station, 30 min. by Nozawa Onsen liner bus
Supported Languages	English