

Indulge Yourself in Fruits in Season



Yamanouchi Town is home to variety of delicious, flavorful fruits. It is because there is a significant day-and-night temperature difference in the area, and fruits are grown using fresh, clear water flowing out from the Shiga Highlands. Fruit picking is the most popular of all experiences, because you can pick fruits in orchards where fruits are actually grown, after receiving a lecture from fruit producers.

Please experience picking numerous kinds of fruits: strawberries, cherries, blueberries, Kyoho grapes and apples, as the fruit season continues.

Season	(Strawberries): January ~ June (Cherries): Mid-June ~ mid-July (Blueberries): Mid-July ~ early August (Kyoho grapes): August for the greenhouse-grown, September for the field-grown (Apples): Mid-September ~ late November
Location	Entire area of Yamanouchi Town
Fee	Please call for information.
Contact	Yamanouchi Town Green Tourism Council (inside Yamanouchi Town Tourism Association) +81-269-33-2138 (English speaker available)
Website	http://www.info-yamanouchi.net/green/ http://www.info-yamanouchi.net/
Access	By car: 40 minutes from the Shinshu Nakano Exit By train/bus: Take the Nagano Dentetsu Line for about 1 hour from Nagano Station to Yudanaka Station.