



Tatami Daira, Norikura Highlands

<p>Overview</p>	<p>Fall colors in the Norikura Highlands 1,500m high are spectacular in late October. Please take a deep breath and absorb all the negative ions at three celebrated waterfalls (Sanbon Falls, Zengoro Falls, Great Bansho Falls)!</p> <p>There is a "Sunrise Bus" service till the end of September. Watching the sunrise from the mountain 2,700m high will definitely touch you.</p>
<p>Photo</p>	<div style="text-align: center;">   </div>
<p>Time</p>	<p>Fall foliage: From late September to late October "Sunrise Bus" runs from July to September</p>
<p>Place</p>	<p>Fall foliage: Echoline in the Norikura Highlands Sunrise: Tatami Daira area on Mt. Norikura</p>
<p>Website</p>	<p>http://welcome.city.matsumoto.nagano.jp/contents03+index.id+19.htm (English, French, German, Korean, Russian, Simplified and Traditional Chinese)</p>
<p>Access</p>	<p>Take a Matsumoto Dentetsu Kamikochi Line train from Matsumoto to Shin Shimashima for about 30 min. Transfer to a shuttle bus and ride for about 50 min. to get to the Norikura Highlands. To get to Tatami Daira, ride the shuttle bus for another 50 min.</p>